

During the pandemic, teachers experienced fewer positive emotions; negative emotionality - related to the threat of coronavirus, feeling of powerlessness and perceived risk of coronavirus - increased.

The Effects of Lockdown on Undergraduate Training and the Well-being of Pre-service Teachers

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The aim of the study

The aim of the study was to examine teachers' profession training and the well-being of pre-service teachers during the first lockdown. The changes in learning and leisure time were observed in the context of subjective satisfaction with education and experienced emotions.

Conclusion

Pre-service teachers had more free time and prepared more for school duties than in the pre-pandemic period. Next, positive emotions decreased and negative emotions increased during first wave of pandemic. Finally, well-being (the threat of coronavirus, feeling of powerlessness and perceived risk of coronavirus) related to negative emotionality; perceived risk of coronavirus was associated with hours spent studying.

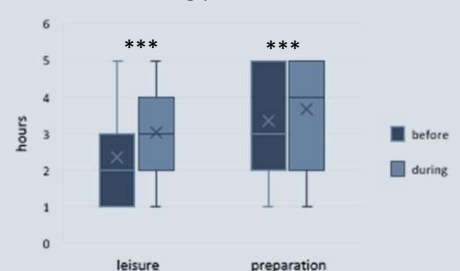
Results

Subjective satisfaction with education during the pandemic was average ($M = 3.19$, $SD = 1.01$).

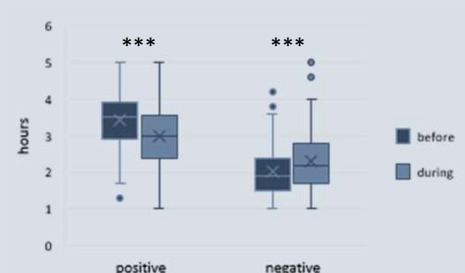
Methods

- › 300 pre-service teachers (80% women)
- › aged 17 – 30 ($M = 22.00$, $SD = 2.30$)
- › the study was conducted during the first wave of the COVID-19 pandemic (spring 2020)
- questions on the number of hours per day they spent on preparation and leisure, both before and during the pandemic period
- subjective satisfaction with the education processes
- feelings of anxiety concerning the coronavirus pandemic (Šrol et al., 2020)
- lack of control concerning the coronavirus pandemic
- perceived risk of coronavirus (Šrol et al., 2020)
- the Positive and negative affect schedule (Watson & Clark, 1988)

The change of leisure and preparation before and during pandemic



The change of emotions before and during pandemic



	1.	2.	3.	4.	5.	6.	7.	8.	9.
1.age	—								
2.sex	-.08	—							
3.subjective satisfaction	.14*	-.10	—						
4.threat (covid)	.10	-.05	.08	—					
5.powerlessness (covid)	.02	.14*	-.01	.38***	—				
6.risk (covid)	.02	.07	.02	.31***	.30***	—			
7.positive emotions (during)	.21***	-.02	.31***	-.09	-.09	-.06	—		
8.negative emotions (during)	-.00	.10	-.12*	.23***	.31***	.24***	-.20***	—	
9.preparation (during)	-.10	.16*	-.06	.08	.06	.20***	.01	.11	—
10.leisure (during)	-.15**	-.02	.09	-.03	.03	.00	.04	-.12	-.43***



The study was supported by the scientific grant agency of the Ministry of Education, Science, Research and Sport of the Slovak Republic as part of the project VEGA 1/0084/21.

